

Name of
patient:

DOB:

 / / Name of
examiner:Date of
test: / /

Standardised Mini-Mental State Examination (SMMSE)

Please see accompanying guidelines for administration and scoring instructions

Say: I am going to ask you some questions and give you some problems to solve. Please try to answer as best you can.

1. Allow ten seconds for each reply. **Say:**

- a) *What year is this?* (accept exact answer only) /1
- b) *What season is this?* (during the last week of the old season or first week of a new season, accept either) /1
- c) *What month is this?* (on the first day of a new month or the last day of the previous month, accept either) /1
- d) *What is today's date?* (accept previous or next date) /1
- e) *What day of the week is this?* (accept exact answer only) /1

2. Allow ten seconds for each reply. **Say:**

- a) *What country are we in?* (accept exact answer only) /1
- b) *What state are we in?* (accept exact answer only) /1
- c) *What city/town are we in?* (accept exact answer only) /1
- d) <At home> *What is the street address of this house?* (accept street name and house number or equivalent in rural areas) /1
<In facility> *What is the name of this building?* (accept exact name of institution only) /1
- e) <At home> *What room are we in?* (accept exact answer only) /1
<In facility> *What floor of the building are we on?* (accept exact answer only) /1

3. **Say:** I am going to name three objects. When I am finished, I want you to repeat them. Remember what they are because I am going to ask you to name them again in a few minutes (say slowly at approximately one-second intervals).

Ball Car Man

For repeated use: Bell, jar, fan; bill, tar, can; bull, bar, pan

Say: Please repeat the three items for me (score one point for each correct reply on the first attempt) /3

Allow 20 seconds for reply; if the person did not repeat all three, repeat until they are learned or up to a maximum of five times (but only score first attempt)

4. **Say:** Spell the word *WORLD* (you may help the person to spell the word correctly). **Say:** Now spell it backwards please (allow 30 seconds; if the person cannot spell world even with assistance, score zero). Refer to accompanying guide for scoring instructions (score on reverse of this sheet)

/5

5. **Say:** Now what were the three objects I asked you to remember? /3

(score one point for each correct answer regardless of order; allow ten seconds)

6. Show wristwatch. **Ask:** What is this called? /1

(score one point for correct response; accept 'wristwatch' or 'watch'; do not accept 'clock' or 'time', etc.; allow ten seconds)

- 7. Show pencil. Ask:** *What is this called?* /1
(score one point for correct response; accept 'pencil' only; score zero for pen; allow ten seconds for reply)
- 8. Say:** *I would like you to repeat a phrase after me: No ifs, ands, or buts* /1
(allow ten seconds for response. Score one point for a correct repetition. Must be exact, e.g. no ifs or buts, score zero)
- 9. Say:** *Read the words on this page and then do what it says* /1
Then, **hand** the person the sheet with CLOSE YOUR EYES (score on reverse of this sheet) on it. If the subject just reads and does not close eyes, you may repeat: *Read the words on this page and then do what it says*, a maximum of three times. See point number three in Directions for Administration section of accompanying guidelines. Allow ten seconds; score one point only if the person closes their eyes. The person does not have to read aloud.
- 10. Hand** the person a pencil and paper. **Say:** *Write any complete sentence on that piece of paper* (allow 30 seconds. Score one point. The sentence must make sense. Ignore spelling errors). /1
- 11. Place** design (see page 3), pencil, eraser and paper in front of the person. **Say:** *Copy this design please.* Allow multiple tries. /1
Wait until the person is finished and hands it back. Score one point for a correctly copied diagram. The person must have drawn a four-sided figure between two five-sided figures. Maximum time: one minute.
- 12. Ask** the person if he is right or left handed. **Take** a piece of paper, hold it up in front of the person and **say** the following: *Take this paper in your right/left hand (whichever is non-dominant), fold the paper in half once with both hands and put the paper down on the floor.*

Takes paper in correct hand_____ /1

Folds it in half_____ /1

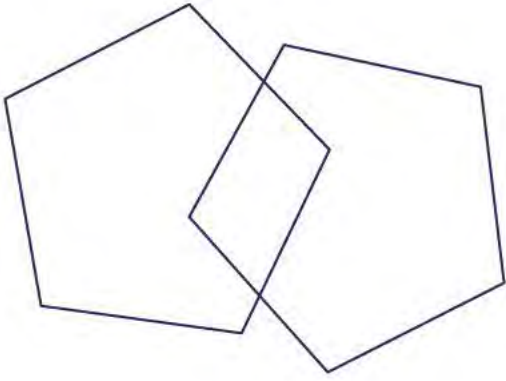
Puts it on the floor_____ /1

TOTAL TEST SCORE: /30

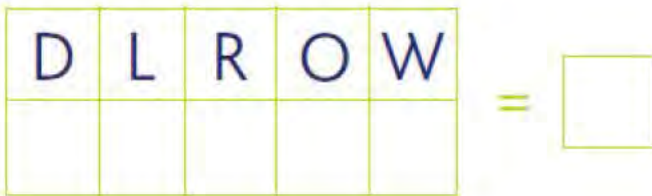
ADJUSTED SCORE: /

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Molloy DW, Alemayehu E, Roberts R. Reliability of a standardized Mini-Mental State Examination compared with the traditional Mini-Mental state Examination. *American Journal of Psychiatry*, Vol. 14, 1991a, pp.102-105.



Time:



CLOSE YOUR EYES